

Healthy Trail Mix Cookies

Ingredients:

- 1 Tbsp. Flaxseed
- 2 Tbsp. water
- 1 1/2 cup of oats
- 1/2 cup of almonds
- 1/2 cup sliced almonds
- 1/4 cup of shredded coconut
- 1/4 cup of brown sugar
- 2 Tbsp. of sunflower seeds
- 2 Tbsp. of chia seeds
- 2 Tbsp. of sesame seeds
- 1/2 tsp. of salt
- 1/2 tsp. of baking powder
- 1/2 tsp. of baking soda
- 3 Tbsp. of chocolate chip
- 3/4 tsp. of cinnamon
- 1/4 cup coconut oil
- 1/4 cup almond butter
- 1 tsp. of vanilla
- 1/4 cup of maple syrup

Directions:

Preheat oven to 350 F

Add flaxseed and water into a bowl and let it thicken up.

Add 1 cup of oats into blender and blend to make oat flour.

Add 1/2 cup of almonds into blender and blend to make almond mill.

Add the oat flour, almond mill, 1/2 cup oats, sliced almonds, shredded coconut, brown sugar, sunflower seeds, chia seeds, sesame seeds, salt, baking powder, baking soda and chocolate chips into a bowl.

Mix all ingredients together.

Add coconut oil, almond butter, vanilla and maple syrup into bowl with the flaxseed and mix together.

Add wet ingredients into the dry ingredients and mix together.

Roll the dough into small like golf balls and place on cookie sheet.

Bake at 350 for 13 to 15 minutes.