

Baked Garlic Chicken Parmesan

Ingredients:

- 3 Tsp. of olive oil
- 1 clove of garlic (Chopped)
- 2 cups of dry bread crumbs
- 2/3 cup of grated parmesan cheese
- 1 tsp. of dried basil leaves
- 1/4 tsp. of ground pepper
- 6 skinless boneless chicken breasts

Directions:

Preheat oven to 350 degrees.

Lightly grease a 9 X 13 baking sheet.

In a bowl, blend the olive oil and garlic.

In another bowl, mix the breadcrumbs, Parmesan cheese, basil, and pepper.

Dip each chicken breast in the oil mixture, then in the breadcrumbs mixture.

Arrange the coated chicken breast on the baking sheet.

Top with any extra breadcrumb mixture.

Bake 30 Minutes or until the chicken is no longer pink in the middle of each breast.

