Banana “Nice” Cream

Ingredients:

4-5 frozen bananas
1 Tbsp. cocoa powder
Splash of any type of liquid
Optional: Chocolate chips, nut butter, or other mix-ins

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Directions:

Take the peel off the bananas.

Combine bananas, cocoa powder, liquid and mix-ins into a food processor or high powered blender.

Blend until the consistency of a soft-serve ice cream